



Center Skating Academy @ NESC Skating Teams

Team skating is one of the fastest growing disciplines in figure skating. Three to twenty-four+ skaters performing footwork, wheels, circles and intersections requiring unique skating skills set to music. To be successful in Team Skating, skaters must understand how to work as a team while learning respect, dedication and sportsmanship.

To be part of a Skating Team is an experience unlike anything else in figure skating. Nothing motivates and pushes you to be your best like teammates. The relationships you build with your teammates are very special; however, a successful Skating Team is made up of more than just athletes. Parents, coaches and team managers all play important roles in the success of the team.

As a result, skating on a Skating Team requires a personal commitment to the team and its members. A team can only succeed with all its members working together. While skating on a team is fun, our goal is to offer a rewarding Team experience that helps to create more confident skaters. We hope you'll enjoy this experience with our program.

ELIGIBILITY

- *All skaters must be current members of ISI.
- *Skaters must skate on at least one other session a week. This can be a class or private lesson and allows team skaters to continually improve their skills. This session can be in our facility or in another.
- *Team coaches will make all decisions regarding team placement. Skaters are placed in teams based on age, skill level and experience.

COMMITMENT

- *All skaters joining our teams, are committing for a Full Skating Season. This Season is September through June 30th. Skaters who leave in the middle of a season will still be responsible for full season payment.
- *All skaters will be in attendance for all competitions, shows, exhibitions. Dates and times of these events are non-negotiable.
- *During all events that the teams are participating in, you are expected to block out the whole day for the event. Events can run early or late and on occasion, team skaters may have to stay after skating. Unless when stated, team skaters will be asked to stay or arrive early to support other teams.

ATTENDANCE

Attendance at all practices is imperative for the team to be successful and to make the investment and commitment all the team members are making worthwhile. When one skater is absent it negatively affects the entire team. While we expect all team members to attend every practice, we do understand that sometimes an absence is unavoidable. If in the event a skater is absent, an email should be sent to the coaches via our

Sportsyou app as soon as possible. 3 tardy or 3 early departures will be considered 1 absence. Excessive absences (**more than 3 every 9 weeks**) put your teammates at an unfair disadvantage and can ultimately result in your dismissal from said team. Last practices prior to an event are mandatory.

PRACTICE

Please be considerate of your teammates and be on time for practice. To ensure the safety and well-being of all team members, clothing that restricts movement such as jeans, mittens or bulky hoodies/jackets must **NOT** be worn on ice at practice. Likewise, jewelry, particularly bigger earrings and necklaces should also not be worn on ice. Gloves, skating dresses, skating pants and a heavy long sleeve shirt and vests are preferred. In addition, hair should be pulled back off the face and shoulders.

Teams may sometimes have off ice practice either before or after on ice practice. All skaters are expected to be there. Off ice practice is crucial when learning new formations, walking through programs for clarity of skaters, and helps in team bonding. All appointments, activities etc....should not interfere with any on/off ice practice time.

CELL PHONES & FRIENDS

Cell phones can be distracting to skaters and their teammates. Cell phones are not permitted on the rink side during practice or competitions. They should also not be in the locker rooms during competitions or other events. This also applies to friends or family members. During practice all friends and family must watch practice from the catwalk seating in our rink or from the overhead seating just outside the rink. During competitions only those assigned to be in the locker or skater ready area will be allowed in those zones. All other spectators for the skaters must be in the seating areas of the venue we are in.

COMPETITIONS

The Team Coaches will determine the competition and performance schedule. A list of dates and location of the events the team is participating in will be given out. Close to competition entry deadlines, fees for the event will be sent out.

Competitions can be one of the best experiences. To make this experience positive for everyone we ask the following to be adhered to.

- Team coaches are responsible for team costumes, unless otherwise stated.
- Skaters cannot alter the color of their hair or skates for a competition. This means skaters are expected to have a natural hair color and not two toned or multicolored hair for all competitions.
- Skaters are not allowed to wear their costume for individual use during the season. Unless approved by the coach.
- Skaters and parents are asked to always display good sportsmanship. Be encouraging to fellow competitors and supportive of all who are in attendance.
- Competitions are very stressful as the work of the entire season comes down to our performance. While we'll have good skates and not so good skates, all team members and parents are expected to always demonstrate excellent sportsmanship.

FINANCIAL OBLIGATIONS

Each skater, parent/guardian is responsible for all payments. If a skater is dismissed or quits the team, the skater's parent/guardian will be required to fulfill all financial obligations. When choosing your payment option, the following payment schedule **MUST** be adhered to.

Payment Schedule	Amount Due	Due Date
Full Season	\$1,750	9/14/24
5 payments of	\$350 each payment	9/14/24; 11/23/24; 1/25/25; 3/29/25 & 5/24/25
Month to Month payment of	\$175 each month	9/14/24 & First Saturday practice of each month following
2 payments	\$875 each payment	1st payment 9/14/24 2 nd payment 2/15/25

**Fee included items & Additional fees: See attached CSA Fees handout*

VOLUNTEERING

We ask for a minimum amount of volunteering. We will provide a list of areas and events we need help with. We are always looking for parents who would like to get involved with the teams. Various opportunities below.

- **Fundraising/Social Committee** – coordinates all existing fundraisers and explores new options to help off set competition entry fees and various team/club social events. Works directly with Christine Bradford
- **Competition Committee** – helps gather skaters at events and heard them to the correct location/person
- **Costume Committee** – assist in measuring skaters for costumes, stoning or beading costumes when needed and helps distribute/collect costumes at each event
- **Prop Committee** – assist in the building/set up/break down of our props for bigger production events. Also, bringing to and from competitions
- ***NEW* - Teams @ CSA Board** – Made up of parents to meet 1 Saturday afternoon a month to discuss agenda's, finances, marketing, committee check ins and additional items that may need to be addressed.

FUNDRAISING

The primary objective of our team fundraising is to reduce added event costs for all team members. The number of fundraising opportunities held during the year will be determined by a joint effort of the Team Coaches and parents. Details will be provided as opportunities present themselves. All proceeds from fundraisers are held in a separate account and benefit all team members. Financial statements are available upon request.

PLEDGE

Please review with your skater the attached pledge regarding the level of commitment they are making to the team. Copies should be signed by the skaters, parents and submitted to the appropriate Team Coach



**Center Skating Academy @ NESC
Skating Teams**

2024-2025 Skater's Pledge

- I will give my best at all practices, exhibitions, shows and competitions. I will demonstrate excellent cooperation, conduct, teamwork and sportsmanship.
- I will always treat my team members and coaches with respect. Team spirit grows from respect for each other.
- I will attend all practices on time. I have read the attendance policy and realize my participation affects my team. If a practice must be missed, I will ask my parent/guardian to notify the coach. I understand that this is a team, and excessive absences (3 or more) can result in my removal from the team.
- I will be warmed up and on the ice at the start of practice. I plan to continue and improve my individual skating skills outside of team ice practice.
- I understand that decisions are made in the best interest of the team, and I may not get my way. I trust my coach to make the right decisions.
- I promise to give the coach my full attention, work hard, work with my teammates in a cooperative manner, listen to instruction, be ready to move quickly to my position, and do my best every time through the routine. I understand that jumps and spins are not allowed during practice and if I violate this rule repeatedly, I will be asked to leave the ice.
- I understand that I am making a commitment to be at all team practices, exhibitions, competitions and I will not plan additional activities on and during the dates of the above-mentioned events.

Skater's signature

Date



**Center Skating Academy @ NESC
Skating Teams**

2024-2025 Parent's Pledge

- I understand all the rules, expectations, time & financial commitments
- I will support the team and the coaches under all circumstances.
- I will foster good sportsmanship with all our skaters.
- I have read the attendance policy and acknowledge the importance of absences.
- I will refrain from making derogatory statements about another team member, other skating clubs, the routines presented by your skater's team and other teams or coaches.
- I understand that decisions are made in the best interest of the team, and I may not get my way. I trust my coach to make the right decisions.
- I am responsible for paying all fees in a timely manner and will be consulted on out of the ordinary financial matters.
- I understand that my child is making a commitment to the teams at Center Skating Academy and that they are to attend all practices, exhibitions and competitions. I will not schedule additional events or activities during the dates provided by the team coaches to ensure my skater is at all events listed above.
- I will communicate all potential conflicts or concerns to the coaches immediately without delay when they arise.
- I will consistently check the Sportsyou app that is used by the teams for all updates and any/all changes made to the schedule.
- If I have a conflict with bringing my skater to practices or events, I will immediately reach out to the team coaches to help work out a transportation solution.

Parent signature

Date